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**ACADEMIC ACCREDITATION GUIDELINES FOR PROFESSIONAL TRAINING
INSTITUTIONS OFFERING MEDICAL REHABILITATION THERAPY DEGREE
COURSES IN NIGERIA**

In line with sections 11-14 of the enabling laws (Decree 38 of 1988/M9 LFN 2004) of the Board MRTB, established for the regulation and control of training and practice of Physiotherapy, Occupational Therapy, Speech Therapy and Audiology professions in Nigeria hereby **decrees** as follows:

1. ***The programme***

All Professional Training Institutions offering Medical Rehabilitation Therapy courses in Nigeria shall be **recognised, accredited** and **approved** by the Board MRTB.

2. ***Degree***

All Professional Training Institutions offering Medical Rehabilitation Therapy courses in Nigeria at **degree** level shall operate a separate/autonomous department to be headed by a Professor or an Associate Professor/ Reader or a Senior Lecturer who is a Registered Medical Rehabilitation Therapist in Nigeria. The head shall be assisted by at least ten (10) other Registered Medical Rehabilitation Therapists as Lecturers and clinical co-ordinators in the department accordingly.

3. ***External Examination***

The Registrar or his representatives shall be included to serve as External Examiners in all professional examinations as may be prescribed by the National Universities Commission and the Board.

4. ***Induction***

Only students who are successful in the academic and professional examinations and have undergone Induction ceremony conducted by the Board's Registrar shall participate in the one year Internship Training Programme of the Board (Universities graduates only).

5. ***Certification & Licencing***

After successful accreditation exercise the accredited Institution shall be issued with a certificate/licence of accreditation. The accreditation licence is renewable every three (3) years, but the accreditation certificate is not renewable. Failure to renew this licence as at when due attracts a fine.

6. ***Key Areas of Consideration***

The facilities for the course of studies shall include:-

- a) Adequate numbers of well-ventilated classrooms each with a capacity for not less than fifty students.
- b) Student's Lecture Notes
- c) Well-ventilated, lit and illuminated gymnasium with wooden/rugged floor structure.
- d) At least two (2) Demonstration Laboratories/Rooms including HOD's office

- e) Minimum of ten (10) Office rooms/Staff rooms.
- f) The Time Table
- g) Tutorial and Seminar rooms.
- h) Examination and Treatment Rooms.
- i) Pre-Admission Requirements
- j) The clinical settings should contain the following adequately-equipped Sections: Surgery/Orthopaedics, Medicine/Neurology, Paediatrics and Obstetrics/ Gynaecology.
- k) Two (2) changing rooms and reasonable numbers of toilets for the staff, students and patients’.
- l) Lecture Schedules
- m) Practical Exposure
- n) External Examiners Reports
- o) Student’s Mode of Dressing
- p) A departmental library with current textbooks and journals in Physiotherapy, Occupational Therapy etc. courses.

7. ***Training Institutions offering Medical Rehabilitation Therapy either at degree or diploma levels must possess the following equipment:***

PHYSICAL FACILITIES

i. **Electrotherapy equipment:**

- * Shortwave Diathermy Machine
- * Infra-Red Lamps
- * Microwave therapy Machine
- * Ultrasound therapy Machine
- * Wax Bath
- * Hydropack Units
- * Ultraviolet Therapy Unit
- * Electrical Stimulators for Nerves and Muscles
- * Transcutaneous electrical Nerve Stimulators (TENS)
- * Laser Therapy Unit.

ii. ***Hydrotherapy and Cryotherapy equipment***

- * Treatment Tanks of various sizes
- * Treatment baths of various sizes.
- * Hydrotherapy Pool
- * Cold and Hot Pack Units.
- * Ice-Making Machine or a Deep freezer

iii. ***Exercise Therapy equipment***

- * Treadmills
- * Bicycle Ergometers
- * Body Mass Index (BM) Machine
- * Rowing Machines
- * Medicine Balls
- * Hand Exercisers
- * wobble Boards
- * Shoulder Wheel
- * Shoulder Ladders
- * Frenkel Mats
- * Walking Frames /Crutches
- * Corner Seats
- * Parallel Bars

- * Wrist Exercisers
 - * Multi Gym
 - * Upper Limb Exerciser
 - * Lower Limb Exerciser (Omnikinetic Machine)
 - * Neck Exerciser
 - * Traction Machine
 - * Wheel Chairs
 - * Isokinetic Machine
- iv. ***Facilities for Fabrication of various walking and Supportive Aids should be available in the Department or within the Hospital.***
- v. Treatment Surfaces, Supports, Covers and padding for Treatment and Examination should be available in good numbers and should be in safe condition:
- * Examination Beds and Plinths
 - * Exercise Mats
 - * Wooden Chairs
 - * Wooden Stools
 - * Pillows
 - * Blankets
 - * Towels
 - * Mackintosh
 - * Lints
 - * Felts
 - * Foam
- vi. ***Facilities and Equipment for Clinical Examination of Patients should be in safe working condition and adequate:***
- * Examination Rooms
 - * Examination Cubicles
 - * Goniometers
 - * Sphygmomanometers and Stethoscopes
 - * Spirometers
 - * Peak Flow Meters
 - * Skin Fold Callipers
 - * Stop Watches
 - * Alarm Clocks
 - * Metronome
- vii. ***Facilities for Infection Control:***
- * Sterilizing Unit /Equipment
 - * Autoclave drums for Autoclave Dressings
 - * Sterilizing Dressings
 - * Face Masks
 - * Disposable Gloves
 - * Sputum Container /Cartons
 - * Antiseptic solutions e.g. Eusol, Savlon, or Hibitane for sanitation purposes in Hydrotherapy and other uses.

J. D. JOGUNOLA
REGISTRAR/CEO (MRTB)