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ACADEMIC ACCREDITATION GUIDELINES FOR PROFESSIONAL TRAINING INSTITUTIONS OFFERING MEDICAL REHABILITATION THERAPY DIPLOMA COURSES IN NIGERIA

In line with sections 11- 14 of the enabling laws (Decree 38 of 1988/M9 LFN 2004) of the Board MRTB, established for the regulation and control of training and practice of Physiotherapy, Occupational Therapy, Speech Therapy and Audiology professions in Nigeria hereby **decrees** as follows:

1. ***The programme***

All Professional Training Institutions offering Medical Rehabilitation Therapy courses in Nigeria shall be **recognised, accredited** and **approved** by the Board MRTB.

2. ***Diploma***

All Professional Training Institutions offering Medical Rehabilitation Therapy courses in Nigeria at **diploma** level would be headed by a PhD or masters Degree holder of not less than a Principal Officer of 8 to 10 years post qualification experience and registered with the Board MRTB. The head would be assisted with not less than 5 other lecturers and Clinical Co-ordinators.

3. ***External Examination***

The Registrar or his representatives shall be included to serve as External Examiners in all professional examinations as may be prescribed by the National Universities Commission and the Board.

4. ***Certification & Licencing***

After successful accreditation exercise the accredited Institution shall be issued with a certificate/licence of accreditation. The accreditation licence is renewable every three (3) years, but the accreditation certificate is not renewable. Failure to renew this licence as at when due attracts a fine.

5. ***Key Areas of Consideration***

The facilities for the course of studies shall include:-

- a) Adequate numbers of well-ventilated classrooms each with a capacity for not less than fifty students.
- b) Student's Lecture Notes
- c) Well-ventilated, lit and illuminated gymnasium with wooden/rugged floor structure.
- d) At least two (2) Demonstration Laboratories/Rooms including HOD's office
- e) Minimum of ten (10) Office rooms/Staff rooms.
- f) The Time Table
- g) Tutorial and Seminar rooms.
- h) Examination and Treatment Rooms.
- i) Pre-Admission Requirements
- j) The clinical settings should contain the following adequately-equipped

Sections: Surgery/Orthopaedics, Medicine/Neurology, Paediatrics and Obstetrics/ Gynaecology.

- k) Two (2) changing rooms and reasonable numbers of toilets for the staff, students and patients'.
- l) Lecture Schedules
- m) Practical Exposure
- n) External Examiners Reports
- o) Student's Mode of Dressing
- p) A departmental library with current textbooks and journals in Physiotherapy, Occupational Therapy etc. courses.

6. ***Training Institutions offering Medical Rehabilitation Therapy either at degree or diploma levels must possess the following equipment:***

PHYSICAL FACILITIES

i. **Electrotherapy equipment:**

- * Shortwave Diathermy Machine
- * Infra-Red Lamps
- * Wax Bath
- * Ultrasound therapy Machine
- * Electrical Stimulators for Nerves and Muscles
- * Transcutaneous electrical Nerve Stimulators (TEN)

ii. ***Hydrotherapy and Cryotherapy equipment***

- * Treatment Tanks of various sizes
- * Treatment baths of various sizes.
- * Hydrotherapy Pool
- * Cold and Hot Pack Units.
- * Ice-Making Machine or a Deep freezer

iii. ***Exercise Therapy equipment***

- * Treadmills
- * Bicycle Ergometers
- * Body Mass Index (BM) Machine
- * Rowing Machines
- * Medicine Balls
- * Hand Exercisers
- * wobble Boards
- * Shoulder Wheel
- * Shoulder Ladders
- * Frenkel Mats
- * Walking Frames /Crutches
- * Corner Seats
- * Parallel Bars
- * Wrist Exercisers
- * Multi Gym
- * Upper Limb Exerciser
- * Lower Limb Exerciser (Omnikinetic Machine)
- * Neck Exerciser
- * Traction Machine
- * Wheel Chairs
- * Isokinetic Machine

- iv. ***Facilities for Fabrication of various walking and Supportive Aids should be available in the Department or within the Hospital.***

- v. Treatment Surfaces, Supports, Covers and padding for Treatment and Examination should be available in good numbers and should be in safe condition:
 - * Examination Beds and Plinths
 - * Exercise Mats
 - * Wooden Chairs
 - * Wooden Stools
 - * Pillows
 - * Blankets
 - * Towels
 - * Mackintosh
 - * Lints
 - * Felts
 - * Foam

- vi. ***Facilities and Equipment for Clinical Examination of Patients should be in safe working condition and adequate:***
 - * Examination Rooms
 - * Examination Cubicles
 - * Sphygmomanometers and Stethoscopes

- vii. ***Facilities for Infection Control:***
 - * Sterling Unit /Equipment
 - * Autoclave drums for Autoclave Dressings
 - * Sterling Dressings
 - * Face Masks
 - * Disposable Gloves
 - * Sputum Container /Cartons
 - * Antiseptic solutions e.g. Eusol, Savlon, or Hibitane for sanitation purposes in Hydrotherapy and other uses.

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REGISTRAR/CEO (MRTB)