



Phone: 08023099072, 08060618337

E-mail: [mrtb@mrtbbnigeria.org.ng](mailto:mrtb@mrtbbnigeria.org.ng)

## **CLINICAL ACCREDITATION GUIDELINE FOR MEDICAL REHABILITATION THERAPY PRACTICE IN NIGERIA**

All Health Institutions/Hospitals offering services in Medical Rehabilitation Therapy shall be accredited/re-accredited for Board's recognition, internship training programme and safe practice.

### Values

- a) Proper identification of **areas** of **specialization** reflecting Surgery/Orthopaedics, Medicine/Neurology, Paediatrics, Obstetrics & Gynaecology and others;
- b) Total evaluation/assessment of **concepts** applied for treatment procedures;
- c) Appraisal of the various **modalities** involved in the day-to-day patients handling;
- d) Standardization of **tools/equipments** utilized in treatment procedures;
- e) Proper maintenance of available **infrastructural facilities**; and
- f) Availability of **Manpower/Human Resource** profiles.

## Adopted Standards

S/N	Category of Health Institutions/Hospitals/Clinics	Expected Nos. of Physiotherapists	Expected Nos. of Intern Physiotherapists	Expected Nos. of NYSC Physiotherapists	Expected areas of specialization	Headship Arrangement	Other Comments
1	Health Institutions/Hospital of 500 beds and above	40	20	Optional	Surgery/ Orthopaedic, Medicine/ Neurology, Obstetrics/ Gynaecology, Paediatrics	Each area of specialization should be headed by a Chief Physiotherapist. Overall head shall be a Physiotherapist at a Directorate Cadre	
2	Health Institutions/Hospitals with 400 – 500 beds	30	15	“	“	“	
3	Health Institutions/Hospitals with 200 – 400 beds	20	10	“	“	“	
4	Health Institutions/Hospitals with less than 200 beds	15	8	“	“	“	
5	Orthopaedic Hospitals	30	-	“	-	“	
6	Psychiatric Hospitals	10	-	“	-	“	
7	Private Hospitals with 100 beds	5	-	“	-	Principal Physiotherapist with at least 8 years working experience	

8	Private Physiotherapy Clinics	3	-	“	-	“	
9	Medical Gymnasia & Fitness Centres	2	-	“	-	“	

## Physical Facilities

- i. Electrotherapy equipment:
  - \* Shortwave Diathermy Machine
  - \* Infra-Red Lamps
  - \* Microwave therapy Machine
  - \* Ultrasound therapy Machine
  - \* Wax Bath
  - \* Hydropack Units
  - \* Ultraviolet Therapy Unit
  - \* Electrical Stimulators for Nerves and Muscles
  - \* Transcutaneous electrical Nerve Stimulators (TENS)
  - \* Laser Therapy Unit.
  
- ii. Hydrotherapy and Cryotherapy equipment
  - \* Treatment Tanks of various sizes
  - \* Treatment baths of various sizes.
  - \* Hydrotherapy Pool
  - \* Cold and Hot Pack Units.
  - \* Ice-Making Machine or a Deep freezer
  
- iii. Exercise Therapy equipment
  - \* Treadmills
  - \* Bicycle Ergometers
  - \* Body Mass Index (BM) Machine
  - \* Rowing Machines
  - \* Medicine Balls
  - \* Hand Exercisers
  - \* wobble Boards
  - \* Shoulder Wheel
  - \* Shoulder Ladders
  - \* Frenkel Mats
  - \* Walking Frames /Crutches
  - \* Corner Seats
  - \* Parallel Bars
  - \* Wrist Exercisers

- \* Multi Gym
  - \* Upper Limb Exerciser
  - \* Lower Limb Exerciser (Omnikinetic Machine)
  - \* Neck Exerciser
  - \* Traction Machine
  - \* Wheel Chairs
  - \* Isokinetic Machine
- iv. Facilities for Fabrication of various walking and Supportive Aids should be available in the Department or within the Hospital.
- v. Treatment Surfaces, Supports, Covers and padding for Treatment and Examination should be available in good numbers and should be in safe condition:
- \* Examination Beds and Plinths
  - \* Exercise Mats
  - \* Wooden Chairs
  - \* Wooden Stools
  - \* Pillows
  - \* Blankets
  - \* Towels
  - \* Mackintosh
  - \* Lints
  - \* Felts
  - \* Foam
- vi. Facilities and Equipment for Clinical Examination of Patients should be in safe working condition and adequate:
- \* Examination Rooms
  - \* Examination Cubicles
  - \* Goniometers
  - \* Sphygmomanometers and Stethoscopes
  - \* Spirometers
  - \* Peak Flow Meters
  - \* Skin Fold Callipers
  - \* Stop Watches
  - \* Alarm Clocks
  - \* Metronome
- vii. Facilities for Infection Control:
- \* Sterling Unit /Equipment
  - \* Autoclave drums for Autoclave Dressings
  - \* Sterling Dressings
  - \* Face Masks

- \* Disposable Gloves
- \* Sputum Container /Cartons
- \* Antiseptic solutions e.g. Eusol, Savlon, or Hibitane for sanitation purposes in Hydrotherapy and other uses.

**O.T. AKANLE**  
**REGISTRAR/CEO (MRTB)**