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**MEDICAL REHABILITATION THERAPISTS (REGISTRATION, ETC.)
ACT M9 LFN 2004**

**REGISTRATION OF MEDICAL REHABILITATION THERAPISTS
REGULATIONS 2006**

In exercise of the powers conferred on the Medical Rehabilitation Therapists (Regulation) Board of Nigeria (here-in-after referred to as the Board) by sections 7, 8, 9 and 10 of the Medical Rehabilitation Therapists (Regulation, etc.) Act M9 LFN 2004 and all other powers enabling the Board in that behalf, the Board with the approval of the Honourable Minister of Health hereby makes the following Regulations :

1. As from the commencement of these Regulations, no person shall practise as a Medical Rehabilitation Therapist in Nigeria except in accordance with these Regulations.

Practice as a
Medical
Rehabilita-
tion
Therapists to
be in
accordance
with the
Regulations.

2. A person shall be qualified to register as a Medical Rehabilitation Therapist in Nigeria if he satisfies the following requirements :

Qualifica-
tions as a
Medical
Rehabilita-
tion
Therapist.

(a) he is a holder of a Bachelor of Science (B.Sc) Degree in Physical Therapy, Occupational Therapy, Speech Therapy and Audiology from any Institution approved by the Board.

(b) the applicant is a holder of a Bachelor of Physiotherapy (B. PT) degree from any Institution approved by the Board.

(c) the applicant is a holder of Doctor of Physical Therapy (DPT) degree from Board's approved training Institution.

(d) the applicant is a holder of Bachelor of Medical Rehabilitation, BMR, with bias in either Physiotherapy or Occupational Therapy, BMR(PT.) /BMR(OT.).

(e) he is a holder of a Professional Diploma of its recognised equivalent qualification from the Board's approved training Institutions in Nigeria.

(f) he must have attended the Pre- Induction Seminar and passed the Board's Examinations.

(g) he must have been inducted by the Board, MRTB, into the relevant Profession before the issuance of the Provisional Professional Licence qualifying the applicant for the one year Internship Training Programme in Board's accredited training Institution.

(h) he must have undergone Internship Training of twelve (12) calendar months in Board's approved clinical setting (as applicable to the profession).

(i) the applicant must have undergone Industrial Clinical Attachment of twelve (12) calendar months in Board's approved training institutions (for Technicians only).

(j) the applicant must be a holder of a previous professional/provisional practising licence.

(k) the applicant must show evidence of attendance of at least two (2) relevant Continuing Professional Development (CPD) Programmes in a year any application fee(s) as may be prescribed from time-to-time by the Board.

(m) the applicant must be of good character.

(n) he satisfies the conditions as may be prescribed by the Board for an annual renewal of licence.

Certificate of
Registration.

3. The applicant shall be issued a Certificate of Registration by the Board when he complies fully with the requirements of Regulation 2 above.

Board as a
Regulator.

4. The Board, MRTB, which is the licensor of all practitioners of Medical Rehabilitation Therapy Professions shall be regarded as the Regulator.

Registered
Medical
Rehabilita-
tion
Therapists as
Board's
Registrants.

5. The Board, as a regulator, shall refer to an applicant that has complied fully with the requirements of Regulation 2 above and has been issued a Certificate of Registration as a Registrant.

Board's
Protected
Titles.

6. The Board shall regard her Registrant as a Nigerian Registered Physiotherapist (NRPT), Nigerian Registered Occupational Therapist (NROT), Nigerian Registered Speech Therapist (NRST) and Nigerian Registered Clinical Audiologist (NRCA). These shall be protected titles to be used only by qualified and Board's certified Medical Rehabilitation Therapists in Nigeria.

Major
Statutory
Functions of
the Board.

7. The Board (MRTB) as the licensor of practitioners of medical Rehabilitation Therapy Professions shall perform the following major statutory functions :

(a) Determining what standards of knowledge and skill are to be attained by persons seeking to become registrants of the relevant professions.

(b) Raising those standards from time-to-time as circumstances may permit.

(c) Conducting examinations in the relevant profession and awarding Degree or Diploma Certificates to successful candidates as appropriate and prescription of fees to be paid in respect thereof.

(d) Regulation and control of professional practice of Physiotherapy, Occupational Therapy, Speech Therapy and Audiology in Nigeria either hospital-based or otherwise.

(e) Accreditation of academic and clinical programmes, hospitals and clinics for Medical Rehabilitation training and practice in the country.

(f) Infiltrating discipline and decorum into the profession, elimination of quackery and protection of the rights of the individual's Registrants accordingly.

(g) Production and maintenance of up-to-date register of the Registrants under the Board (MRTB).

(h) Conducting Induction Programmes to admit fresh graduands into Medical Rehabilitation Therapy Professions.

(i) Organising Continuing Professional Development Programmes (CPD) in form of Seminars, Fora, Conferences e.t.c. for manpower development of Medical Rehabilitation Professional nationwide.

(j) Performing other functions conferred on the Board by the Act establishing it (Decree 38 of 1988, now Medical Rehabilitation Therapist Act M9 LFN 2004).

8. Where the Board is satisfied that an applicant has satisfied the conditions as set out for registration under these regulations, it shall cause the name of the applicant to be entered in the register of Medical Rehabilitation Therapists kept by it.

Names of successful applicants to be entered in the register.

9. The Board shall keep a Register of all Medical Rehabilitation Therapists in Nigeria and abroad in a form and format, as it may, from time-to-time, be prescribed.

Register of Medical Rehabilitation Therapists.

10. A Registered Medical Rehabilitation Therapist shall notify the Board of any changes in his registration particulars within a reasonable time to enable the Board effect any necessary changes therein.

Notification of changes in registration particulars.

11. The Board shall have power to strike off or remove the names of any person from the Register, if he is found guilty of any serious misconduct or is convicted of any crime by a competent Court.

Power to strike off or remove names.

12. The Board shall recognise six (6) categories of Registration namely: (a) Full Registration (b) Provisional Registration (c) Temporary Registration (d) Technician Registration (e) Returner Registration (f) Absconded Registration.

Categories of Registration.

13. Any applicant for full registration, in addition to the requirements of Regulation 2 above shall complete and / or submit:

Application Form and Full Registration.

(i) Registration Application Form.

(ii) Photocopy of Statement of Results.

(iii) Photocopy of Birth Certificate / Declaration of Age.

(iv) Photocopy of NYSC Certificate / Examination Certificate (where applicable).

(v) Four (4) passport photographs.

(vi) Photocopy of Marriage Certificate (where applicable).

(i) Letter of completion of Internship training programme from Board's approved Hospitals, where Internship programme is undertaken.

(viii) evidence of payment of the stipulated Registration fee.

Provisional Registration.

14.— (i) The Board shall grant Provisional Registration only to fresh graduands of Medical Rehabilitation Therapy.

(ii) An applicant for a Provisional Registration shall satisfy the Board that he has met the requirements of Regulation 2 above and in addition has been Inducted by the Board, as a Medical Rehabilitation Therapist for the purpose of undergoing an Internship programme at an approved Hospital for a period of twelve (12) months.

Temporary
Registration.

15.—(a) The Board shall grant Temporary Registration to foreigners on temporary appointment in Nigeria after undergoing three (3) months of thoroughly-supervised training under a Supervisor appointed by the Board. He must also pass the Board's Examinations that would be set for him after the training.

(b) An applicant for Temporary Registration shall satisfy the following requirements :

(i) application letter from a prospective Medical Rehabilitation Therapist on temporary appointment.

(ii) he must hold or have passed examinations necessary for obtaining some qualifications granted outside Nigeria, which is for the time being accepted by the Board.

(iii) the applicant must pay any fee(s) prescribed by the Board.

(iv) the applicant must show evidence of attendance of at least two (2) relevant Continuing Professional Development Programmes (CPD) in his chosen area of specialty.

(v) he must satisfy the conditions as may be prescribed by the Board for annual renewal of licence.

(vi) he must be of good character.

Withdawal
of Tempo-
rary Licence.

16. Subsequent to Regulations 9(a) above, the Board shall upon examination of foreigner's temporary appointment or termination of the said appointment, revoke or withdraw his licence.

Technician
Registration.

17.—(i) Technician Registration shall be granted only to holders of Diplomas in Medical Rehabilitation Therapy.

(ii) An applicant for Technician Registration shall satisfy the following requirements :

(a) Diploma Certificate in Physiotherapy (DIP. PTA), Occupational Therapy (DIP. OT), (DIP. AU) from Board's accredited training Institutions.

(b) Photocopy of Statements of Results.

(c) He shall complete and submit a registration application form stating Institutions attended with dates and Certificates obtained.

(d) Photocopy of Marriage Certificate (where applicable).

(e) Photocopy of Birth Certificate / Declaration of Age.

(f) Four (4) passport photographs.

(g) Letter of good standing from last Institution attended.

(h) Evidence of payment of prescribed fees.

Returner
Registration.

18.—(i) Any Registrant that has been out of practice of Medical Rehabilitation Therapy for two years and above and who wishes to come back shall be regarded as a Returner Registrant.

(ii) Therefore, an applicant for Returner Registration shall satisfy the following requirements :

(i) He must undergo three (3) months period of training organised and supervised by the Board, if he has been out of practice for two (2) or five (5) years.

(ii) He must undergo three (3) months period of training organised and supervised by the Board, if he has been out of practice for two (2) or five (5) years.

(iii) If he has been out of practice for five (5) years or more, must undergo six (6) months of thoroughly-supervised practice by the Board. Such a supervisor must have been on the relevant part of the Board's register and must have been in regulated practice for at least three (3) years and without any criminal record.

(iv) He may also undergo other programmes like private study, distance learning or e-learning, e.t.c.

(v) He must also fulfill the requirements stipulated under Regulations (2) and 6(a).

19.—(i) Any practising Registrant working in Nigeria or abroad that fails to renew his Professional Practising Licence for two (2) consecutive years shall be treated by the Board as an Absconded Registrant.

Absconded
Registration.

(ii) Thus, an applicant for Absconded Registration shall satisfy the requirements stated in Regulations 2 and 6(a) above. In addition, he must also :

(a) pay a fine of Ten Thousand Naira (N10,000.00), if he has been off MRTB's Register for over two (2) years but less than five (5) years.

(b) pay a fine of Twenty-Five Thousand Naira (N25,000.00), if he has been off MRTB's Register for over five (5) years and above.

(c) pay a fine of Fifty Thousand Naira (N50,000.00), if he has been off MRTB's Register for over five (5) years and above.

20. Any practising Medical Rehabilitation Therapist that fails to register with the Board or renews his Professional Practising Licence shall be regarded as a quack and be dealt with accordingly.

Board's
Quack.

21. Below is the Board's Code of Ethics/Practice that all practitioners of Medical Rehabilitation Therapy Professional in Nigeria must abide by :

Board's Code
of Ethics/
Practice.

(a) Registrant must :

Professional
Relationship.

(i) obey all lawful directives of his employers and disobey all directives considered unlawful whether from a professional point of view or otherwise.

(ii) give genuine advice on all professional issues from time-to-time.

(iii) maintain an exemplary life style i.e. must not be involved in an infamous conduct and must be well-dressed in and out of office.

(iv) must comply with the dress code issued by the Board (MRTB) while on duty or in classrooms, seminar rooms, examination rooms or generally in a hospital's environment.

The dress codes are as follows :

* the white over-all shall be the standard dress code for both sexes and shall be worn upon :

shirts and ties on a pair of trousers for males.

smarts tops e. g. blouses on below the knee but above-the-ankle long-skirts for females.

smart gowns for females.

smart tops e.g. blouses or shirts on female-styled trousers.

(v) not demanded gifts, favours or hospitality from a patient or relatives or a patient who is to be or who has been in his care as a condition for service.

(vi) not take alcohol, pollutants or tobacco or be under the influence of narcotic drugs while on duty or likely to be called on duty.

(vii) not abuse any privileged relationship with the patient or a privilege access to his property.

(viii) have due regard for the customs, values and religious belief of the patient.

(ix) comply with the laws of the country, State and Local Council where he works.

(x) registrants may enlist to work at clinics owned by a Medical Rehabilitation Therapist provided such Registrants :

(i) shall be adequately involved in policy-making and management and ;

(ii) the clinic is constructed and equipped to ensure high quality patient care.

**Professional
Responsibilities.**

(b) Registrants must :

(i) co-operate with one another to maintain and enhance the standards of the profession.

(ii) report any unethical, incompetent or illegal practice to the appropriate professional authorities i. e. the Board (MRTB) or professional body.

(iii) support and participate in research to improve standards of patient care.

(iv) not endorse or promote the sale of goods related to the treatment of patients while in clinical practice.

(v) not advertise for the purposes of obtaining patients or promoting their own professional advantage, but notification of practice arrangement in the press is permissible.

(vi) Registrant may use the media to inform the public of practice arrangements and validated qualifications from time-to-time.

(vii) Registrant may write to registered Medical Practitioners and relevant organisations in order to draw their attention to his name, address and qualifications or to the fact that his services are available.

(viii) contribute to the planning and development of services which enable individuals to achieve optimum health.

**Professional
Attributes.**

(c) Registrants must :

(i) know the professional and personal scope of their practice and be able to make referrals.

(ii) be able to work, where appropriate, in partnership with other professionals, support staff, patients and their relatives and carers.

(iii) be able to contribute effectively to work undertaken as part of a multidisciplinary team.

(iv) understand the need for effective communication throughout the care of the patient.

(v) at all times respect the rights and dignity of the patient.

(vi) keep himself informed of developments within their professions.

(vii) be able to refuse to treat a patient, if following assessment such refusal is deemed to be in the patient best interest and particularly when such treatment is contra-indicated.

(a) Registrants must :

Expectations
of Regis-
trants.

(i) be able to practise within the legal and ethical boundaries of their professions.

(ii) be able to practise in a non-discriminatory manner.

(iii) be able to maintain confidentiality and obtain informed consents.

(iv) be able to exercise a professional duty of care.

(v) know the limits of their practice and when to seek advice.

(vi) recognise the need for effective self-management of workload and be able to practise accordingly.

(vii) understand the obligation to maintain fitness to practise.

(b) Registrants must :

Identification
and Assess-
ment of
Health and
Social Care
Needs.

(i) be able to gather appropriate information.

(ii) be able to use appropriate assessment techniques.

(iii) be able to undertake or arrange clinical investigations as appropriate.

(iv) be able to analyse and evaluate the information collected.

(c) Registrants must :

Formulation
and Delivery
of appropri-
ate treatment
plans and
strategies.

(i) be able to use research, reasoning and problem-solving skills.

(ii) be able to draw on appropriate knowledge and skills, in order to make professionals judgements.

(iii) be able to formulate specific and appropriate management plans.

(iv) be able to conduct appropriate diagnostic or monitoring procedures, treatment, or other actions safely and skillfully.

(v) be able to maintain adequate records of the patients conditions, treatments and progress.

22. Registrants must understand the need to establish and maintain a safe practice environment.

23. All practising Medical Rehabilitation Therapists must maintain at all times the highest standard of professional knowledge and skills and display character that reflects credits to the profession.

24. Registrants must be accountable for their work and take every reasonable opportunity to sustain and improve their knowledge and professional competence.

25. Registrants must know the key concepts of the biological, physical, social, psychological and clinical services, which are relevant to their professions.

26. Registrants must know how professional principles are expressed and translated into action through a number of different approaches to meet the needs of their clients.

Notifi cation
of Boa.d by
Medical
Rehabilita-
tion
Therapists
intendings to
travel out of
Nigeria.

27. Any Registrant who travels out of Nigeria without notifying the Board prior to his exit from the country shall be regarded as an Absconded Registrant.

Power to
register
other
professions.

28. The Board (MRTB) shall have the power to register other professions that apply for registration under her.

Guidelines for
registering
other
professions.

29. The Board shall register any profession that meets the following guidelines :

- (a) covers a discrete area of activity displaying some homogeneity i.e. profession's scope of practice.
- (b) applies a defined body of knowledge.
- (c) practises based on evidence of efficacy.
- (d) has at least one established professional body which accounts for a significant proportion of that professional group.
- (e) operates a voluntary register.
- (f) has defined routes of entry into the profession.
- (g) has independently-assessed entry qualifications.
- (h) has standards of Conduct, Performance and Ethics.
- (i) have fitness to practise procedures to enforce.

Board ;
Disciplinary
Committee.

30. Any Registrant accused of Professional misconduct shall face the Disciplinary Committee of the Board (MRTB). Depending on the gravity of the misconduct, such a Registrant may lose his rights to practise for a stipulated period or lose his right to practise permanently.

Offences/
Penalties.

31. A person not registered under these regulations who holds himself out or practises as a Medical Rehabilitation Therapist in Nigeria commits an offence and is liable on conviction to a fine of not less than One Hundred Thousand Naira (N100,000.00) and not more than One Hundred and Fifty Thousand Naira (N150,000.00) or to imprisonment for a term of six (6) months or to both such fine and imprisonment and on conviction for a second or any subsequent offence to imprisonment for a term of not less than one (1) year and not more than three (3) years, without an option of fine.

Interp-eta-
tions.

In these Regulations, unless the context otherwise required :

"Act" means Medical Rehabilitation Therapists (Registration, e.t.c.) Act M9 LFN 2004.

"Board" means the Medical Rehabilitation Therapists (Registration Board of Nigeria (MRTB)).

"Minister" means the Minister charged with the responsibility for health.

"Registrar" means the Registrar of the Board appointed under section 6 of this Act.

"Registrant" means a Registered Medical Rehabilitation Therapist.

"Returner" means a Medical Rehabilitation Therapist who has been out of practice for two (2) consecutive years or less and want to come back into the profession.

"Absconded Registrant" means a Medical Rehabilitation Therapist who travels out of the country without notifying the Board and whose name has been off MRTB's register for two (2) consecutive years and above.

"Medical Rehabilitation Therapist" means a practitioner of Physiotherapy or Occupational Therapy or Speech Therapy and or Clinical Audiology.

"Medical Rehabilitation Therapy" means a process of restoring a person's ability to live and work as normally as possible after a disabling injury or illness.

"Regulations" include the Registration of Medical rehabilitation Therapists Registration 2006 and the Registration of Medical Rehabilitation Therapists Regulations 2006.

These Regulations may be cited as the Medical Rehabilitation Therapists (Registration of Medical Rehabilitation Therapists) Regulations, 2006. Citation.

MADE AT LAGOS THIS..... DAY OF 2006.

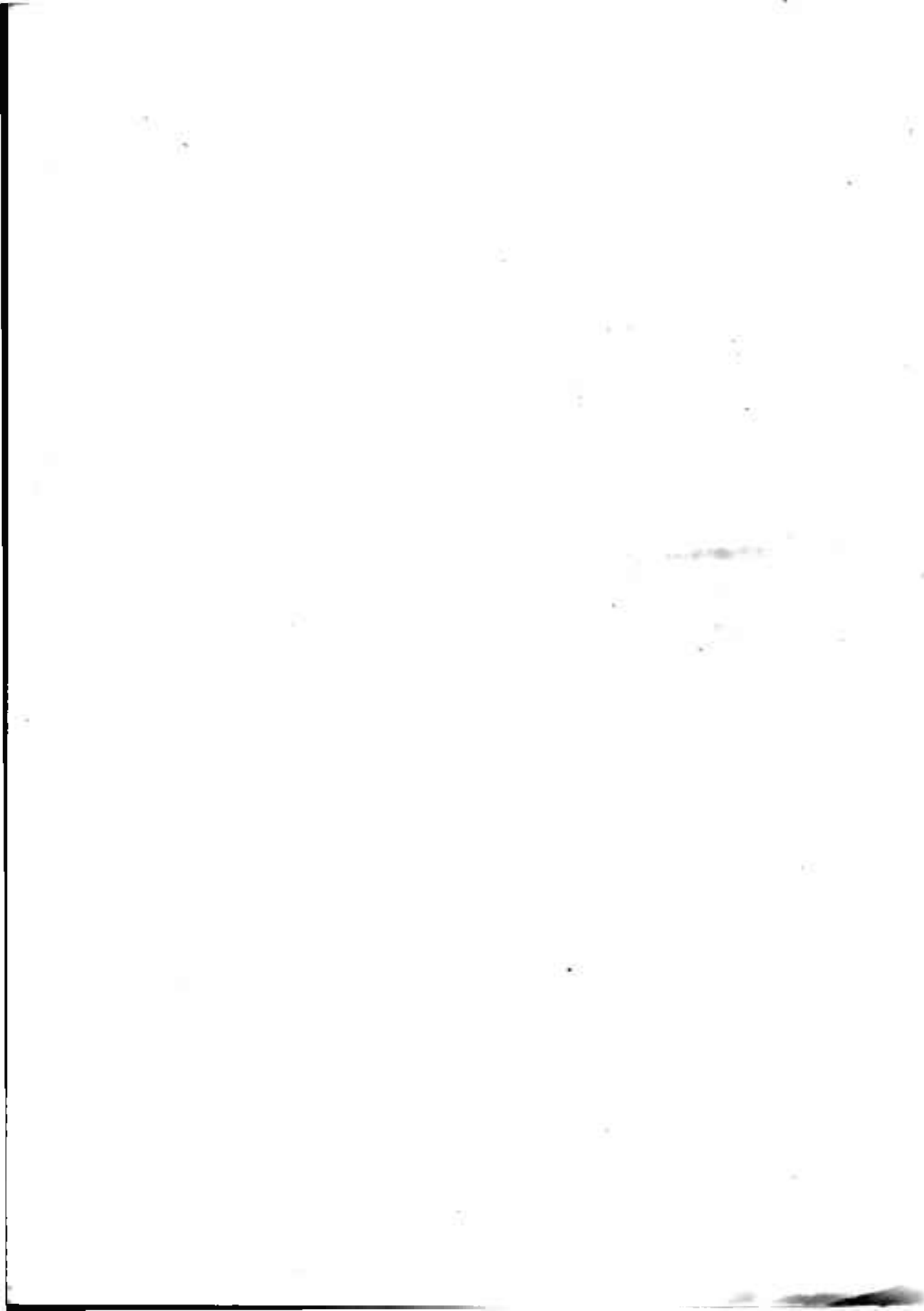
PROFESSOR G. I. ODIA

Chairman, Medical Rehabilitation Therapist
(Registration) Board of Nigeria

EXPLANATORY NOTE

(This note does not form part of the above Regulations but it is intended to explain its purport).

These Regulations provide for the registration of Medical Rehabilitation Therapists practising in Nigerian and matters connected thereto.



**MEDICAL REHABILITATION THERAPISTS (REGISTRATION, E.T.C.)
ACT M9 LFN 2004**

**REGISTRATION OF MEDICAL REHABILITATION
THERAPISTS TRAINING INSTITUTIONS/CLINICAL PREMISES
REGULATIONS, 2006**

In exercise of powers conferred on the Medical Rehabilitation Therapists (Registration) Board of Nigeria (here-in-after referred to as the Board) by sections 11, 12, 13, 14 and 15 of the Medical Rehabilitation Therapists (Registration, e.t.c.) Act, M9 LFN 2004 and all other powers enabling the Board in that behalf, the Board with the approval of the Honourable Minister of Health hereby makes the following Regulations :

(a) TRAINING INSTITUTIONS

1. The Board (MRTB) shall establish an Institute charged with the statutory responsibilities of training, supervising and monitoring academic exercises including Continuing Professional Development (CPD) Programmes leading to award of qualifications required for registration. All Registrants must therefore avail himself of the opportunities provided by the Continuous Education Programme of the Board to improve on his professional knowledge, skill and competence.

Establishment of a Training Institute.

2. As from the commencement of these Regulations, all Institutions offering a course of training in Medical Rehabilitation Therapy in Nigeria shall be approved, accredited or recognised by the Board. No Medical Rehabilitation Therapist shall, therefore, train or give Instructions to anybody or group who is not a member of Medical Rehabilitation Therapists, except for students of Board's accredited Institutions.

Institutions to be approved by the Board.

3 —(a) For training Institutions offering Medical Rehabilitation Therapy at degree's level, the course of studies shall be headed by at least a Senior Lecturer, who is a Registered Medical Rehabilitation Therapist in Nigeria, assisted by at least ten (10) other Registered Medical Rehabilitation Therapists as Lecturers and a variable number of support personnel.

Minimum of teaching staff for course of studies.

(b) For training Institutions offering Medical Rehabilitation Therapy at diploma's level, the course of studies shall be headed by at least a qualified and licensed Principal Physiotherapist with at least eight (8) years post-graduation working experience and a variable number of support staff.

Board to approve only training Institutions offering DPT with effect from 2016.

4. With effect from 2016, the Board shall not approve, accredit or recognise any training Institution that has not changed its course of studies from Bachelor of Science (B.Sc.) in Physiotherapy or Bachelor of Physiotherapy (B. Phy.) to an entry-level Doctor of Physical Therapy (DPT).

5. The Facilities for the course of studies shall include :

Facilities for course of studies.

(a) Adequate number of well-ventilated classrooms each with a capacity for not less than fifty students.

(b) Well-ventilated Gymnasium.

(c) At least two (2) Demonstration Laboratories/Rooms.

(d) Minimum of ten (10) Office Rooms/Staff Rooms.

(e) Tutorial and Seminar Rooms.

(f) Examination and Treatment Rooms/ Staff Rooms.

(g) Administrative office.

(h) Well-equipped clinical settings with adequately-equipped Physiotherapy Development and four specialised Units-Surgery/ Orthopaedics, Medicine/ Neurology, Paediatrics/Obstetrics and Gynaecology.

(i) Two (2) changing rooms for the students and toilets.

(j) A departmental library with current textbooks and journals in Medical Rehabilitation Therapy.

Basic
equipment to
be possessed
by an
Institution
designated
for practical
training.

6. Training Institutions offering Medical Rehabilitation Therapy either at degree's or diploma's level must possess the following equivalent :

(i) Electrotherapy Equipment :

- * Short wave Diathermy Machine.
- * Infra-Red Lamps.
- * Microwave Therapy Machine.
- * Ultrasound Therapy Machine.
- * Wax Bath.
- * Hydropack Units.
- * Ultraviolet Lamps.
- * Interferential Therapy Unit.
- * Electrical Stimulators for Nerves and Muscles.
- * Transcutaneous Electrical Nerve Stimulators (TENS).
- * Laser Therapy Unit.

(ii) Hydrotherapy and Cryotherapy Equipment :

- * Treatment Tanks of various sizes.
- * Treatment Baths of various sizes.
- * Hydrotherapy Pool.
- * Cold and Hot Pack Units.
- * Ice-Making Machine or a Deep Freezer.

(iii) Exercise Therapy Equipment :

- * Treadmills.
- * Bicycle Ergometers.
- * Body Mass Index (BMI) Machine.
- * Rowing Machines.
- * Medicine Balls.
- * Hand Exercisers.

- * Wobble Boards.
- * Shoulder Wheel.
- * Shoulder Ladders.
- * Frenkel Mats.
- * Walking Frames/Crutches.
- * Corner Seats.
- * Parallel Bars.
- * Wrist Exercisers.
- * Multi Gym.
- * Upper Limb Exerciser.
- * Lower Limb Exerciser (Omnikinetic Machine).
- * Neck Exerciser.
- * Traction Machine.
- * Wheel Chairs.
- * Isokinetic Machine.

(iv) Facilities for Fabrication of various Walking and Supportive Aids should be available in the Department or within the Hospital.

(v) Treatment Surfaces, Supports, Covers and paddling for Treatment and Examination should be available in good numbers and should be in safe condition :

- * Examination Beds and Plinths.
- * Exercise Mats.
- * Wooden Chairs.
- * Wooden Stools.
- * Pillows.
- * Blankets.
- * Towels.
- * Mackintosh.
- * Lints.
- * Felts.
- * Foam.

(vi) Facilities and Equipment for Clinical Examination of Patients should be in safe working condition and adequate.

(vii) Facilities for Infection Control :

- * Sterilising Unit/Equipment.
- * Autoclave drums for Autoclave Dressings.
- * Sterilised Dressings.
- * Face Masks.
- * Disposable Gloves.

* Sputum Container/ Cartons.

* Antiseptic Solutions e.g. Eusol, Savlon, Hibitane for Infection control in Hydrotherapy and other uses.

Registrar or his representatives to serve as Examiners.

7. The Registrar or his representatives shall be included to serve as External Examiners in all professional examinations as may be prescribed by the National Universities Commission and the Board.

Qualifications for participation in Internship Programme.

8.—(a) Only students who are successful in the academic and professional examinations and have undergone Induction ceremony conducted by the Board's Registrar shall participate in the one year Internship Training Programme of the Board (University graduates only).

Qualifications for participation in Internship Programme.

(b) Only candidates who are successful in the academic and professional examinations and have undergone Induction ceremony conducted by the Board's Registrar shall take part in the one year Industrial Clinical Attachment Programme in Board's accredited training Institutions (for Diploma graduates only).

Board to approve and designate Institutions for Internship Training and Clinical Attachment Programmes.

9. The Board shall approve and designate Institutions and other centres for the purpose of Internship Training and Industrial Clinical Attachment Programmes.

Certificate of Approval.

10. (a) The approved Institutions shall be issued with a Certificate of Approval specifying the number of Interns and Industrial Clinical Attachees to be trained by the Institutions.

(b) The accreditation licence is renewable every three (3) years, but the accreditation certificate is not renewable. Failure to renew this licence as at when due attracts a fine as stipulated in Regulation 18 below.

Duration of Internship and Industrial Clinical Attachment and Letter of Completion.

11. The duration of the Internship Training and Industrial Clinical Attachment Programmes shall be twelve (12) months and on successful completion, an Intern or Clinical Attachee shall be issued with a letter of completion of Internship/Industrial Clinical Attachment addressed to the Registrar and signed by the Head of Department and Chief/Medical Director of the Institution.

(b) PREMISES

The Board shall maintain a register of all Institutions/Clinics/Departments/Hospitals/Centres including Gymnasias, Keepfit and Tommy/Weight Reduction Centres, either in Hotels, Sport Centres, Club houses and others designated for the purpose of practice of Medical Rehabilitation Therapy Professions in Nigeria. For this Purpose, the Board shall obtain, keep and maintain a regularly updated record of all Medical Rehabilitation Hospitals and Departments in Government and Private Clinical Settings in Nigeria.

13. To be able to perform the above-mentioned role, the Board shall, therefore, classify hospitals in Nigeria, where Medical Rehabilitation Therapy is practised, into the following categories :

Classification of hospitals by the Board.

- (i) First Generation Health Institutions/Hospitals.
- (ii) Second Generation Health Institutions/Hospitals.
- (iii) other Health Institutions.
- (iv) Specialist Hospitals.
- (v) Private Hospitals.
- (vi) Medical Gymnasia and Fitness Centres.

14.—(a) For the above-mentioned hospitals to be accredited by the Board either for Internship training and Industrial Clinical Attachment programmes or for Safe Physiotherapy Practice must meet the following underlisted general and specific conditions :

Conditions for Registration of Hospitals/Health Institutions.

(i) First Generation Health Institutions/Hospitals. There must be at least 400-500 beds, with minimum of forty (40) Physiotherapists twenty (20) Interns and any number of NYSC Physiotherapists and Clinical attachees, distributed over the four (4) major areas of specialisation-Surgery/Orthopaedics, Medicine/Neurology, Paediatrics, Obstetrics and Gynaecology.

(ii) Second Generation Health Institutions/Hospitals. There must be at least 300 - 400 beds with minimum of thirty (30) Physiotherapists, 15 Interns and unspecified numbers of NYSC Physiotherapists and Clinical Attachee ; distributed over the four (4) major areas of specialisation - Surgery/Orthopaedics, Medicine/Neurology, Paediatrics, Obstetrics and Gynaecology.

(iii) Other Health Institutions :

*Those with 200 - 300 beds. They must have minimum of twenty (20) Physiotherapists, ten (10) Interns and variable numbers of NYSC Physiotherapists and Clinical Attachees ; distributed over the four (4) major areas of specialisation - Surgery/Orthopaedics, Medicine/Neurology, Paediatrics, Obstetrics and Gynaecology.

*Those with less than 200 beds. They must have minimum of fifteen (15) Physiotherapists, eight (8) Interns and any number of NYSC Physiotherapists and Clinical Attachees ; distributed over the four (4) major areas of specialisation - Surgery/Orthopaedics, Medicine/Neurology, Paediatrics, Obstetrics and Gynaecology.

*Those with less than 100 beds. They must have minimum of ten (10) Physiotherapists, five (5) Interns and any number of NYSC Physiotherapists and Clinical Attachees ; distributed over the four (4) major areas of specialisation - Surgery/Orthopaedics, Medicine/Neurology, Paediatrics, Obstetrics and Gynaecology.

(iv) For Specialist Hospitals like National Orthopaedic and Psychiatric hospitals, there must be at least thirty (30) and ten (10) Physiotherapists respectively and a variable number of NYSC Physiotherapists and Clinical Attachees.

(v) For Private Hospitals with less than one hundred (100) beds with Physiotherapy Unit incorporated must have at least five (5) Physiotherapists and unspecified number of NYSC Physiotherapists and Clinical Attachees, while Private Physiotherapy Clinic must not have less than three (3) qualified and Registered Physiotherapists.

(vi) For Medical Gymnasias and Fitness Centres. They must have at least two (2) Physiotherapists in the Centre.

(b) The Board shall accredit only 14 (i) (ii) and (iii) for the purpose of Internship training and Industrial Clinical Attachment programmes while others shall be endorsed for Safe Physiotherapy practice in Nigeria.

Headship of
Medical
Rehabilita-
tion
Hospitals/
Clinics
Centres.

(c) For 14 (i), (ii), (iii) and (iv), the over -all head of department must not be less than a Directorate Cadre in Physiotherapy Extant Scheme of Service i. e. Assistant Director, Deputy Director or Director of Physiotherapy Services, while the head of each specialised Unit in '14 (i), (ii), and (iii), must not less than a Chief Physiotherapist. For (v) and (vi), the status of a Principal Physiotherapist with at least eight (8) years post-graduate working experience.

A qualified
and Regis-
tered Medical
Rehabilita-
tion
Therapist to
head
Hospitals/
Clinics/
Centres.

(d) All Heads of Departments of Medical Rehabilitation Hospitals/Clinics/Centres, e. t. c. must be a qualified and registered Medical Rehabilitation Therapist. Any Medical Rehabilitation Hospitals/Clinics/Centres whose Head of Department is not a qualified and registered Medical Rehabilitation Therapist shall not be approved, endorsed or accredited by the Board. If the centre had been accredited, approved or endorsed before, the Board shall withdraw the Hospitals Certificate of Approval and Licence.

(e) A Medical Rehabilitation Centre Unit in a Private Hospital shall also be headed by a qualified and Registered Medical Rehabilitation Therapist, who must be among the policy-maker for the hospital.

(f) All foreign Medical Rehabilitation Therapist working in Nigeria must work under an indigenous Registered Licensed Medical Rehabilitation Therapist.

(g) The Board shall regard Institution where training of Medical Rehabilitation Therapy are being carried out as having two (2) separate departments (academic and clinical).

(h) The Academic department shall be headed as in 3(a) above while the clinical department shall be headed by a qualified, registered/licensed Physiotherapist who must be a substantive member of staff of the Hospital with not less than the rank of a Directorate level.

Basic
equipment to
be possessed
by Health
Institutions
and Specialist
Hospitals.

15. (a) As stated in 5(a).

PHYSICAL FACILITIES :

(b) Space should be adequate, well-ventilated with appropriate flooring and should include the following :

(i) * Well-ventilated Gymnasium.

* Examination and Treatment Rooms/Cubicles.

* Tutorial and Seminar Rooms.

* A department Journals in Medical Rehabilitation Therapy.

(ii) The following equipment for Physiotherapy treatment are recommended :

* Electrotherapy equipment as stated in Regulation 5 above, except that Shortwave Diathermy, Microwave Therapy Machine, Laser therapy and Interferential Therapy units are optional.

* Hydrotherapy and Cryotherapy Equipment as mentioned in Regulation 5 above.

* Exercise Therapy Equipment as Regulation 5 above.

* Facilities for fabrication of various walking and supportive aids, as stated in Regulation 5 above. Facilities and equipment for clinical examination of patients and facilities for infection control as listed in Regulation 5 above.

Basic equipment/ Physical facilities to be possessed by Private Hospitals/ Clinics.

(c) PHYSICAL FACILITIES :

(i) Space should be adequate, well-ventilated with appropriate flooring and should include the following :

* Well-ventilated Gymnasium.

* Examination and Treatment Rooms /Cubicles.

(ii) The following equipment are recommended :

* Hydrotherapy and Cryotherapy Equipment may be available.

* Hydrotherapy Pool.

* Cold and Hot pack units.

* Ice-making machine or a Deep freezer.

(iii) Exercise Therapy Equipment.

* Multi Gym.

* Treadmills.

* Bicycle Ergometers.

* Hand Exercisers.

* Upper Limb Exercisers.

* Lower Limb Exercisers (Omnikineti c Machine).

* Isokinetic Machine, e. t. c.

* Neck Exercisers.

* Shoulder Wheel.

* Shoulder Ladder.

Basic equipment/ Physical Facilities to be possessed by Medical Gymnasia and Fitness Centres.

(iv) The following should also be readily available in the centre :

- * Exercise mats.
- * Wooden chairs.
- * Pillows.
- * Blankets.
- * Towels.
- * Mackintosh.
- * Plinths and examination beds.
- * Spirometers.
- * Goniometers. Peak flow meters.
- * Skin fold callipers.
- * Stop watches.
- * Alarm clock.
- * Metronome.
- * Sphygmomanometers and Stethoscope.

(v) Facilities and Equipment for clinical examination of clients may be available and if available should be in safe working condition and adequate.

(vi) The following facilities for infection control may also be available :

- * Sterilising Unit or Equipment.
- * Autoclave drums for Autoclave Dressings.
- * Sterilised Dressings.
- * Face Masks.
- * Disposable Gloves.
- * Sputum Container/Containers.
- * Antiseptic solutions e.g. Eusol, Savlon, Hibitane for infection control in Hydrotherapy and other uses.

Application
for Registration/Renewal
of Medical
Rehabilitation
Therapy
Clinics/
Hospitals/
Centres.

16. To register new Medical Rehabilitation Hospital/Clinics/Centres or renew old Centres/Clinics/Hospitals, an applicant shall complete an application form which shall be accompanied by the following documents :

- (a) Application letter to register the Premises/Clinics/Hospitals.
- (b) Professional Practising Licence to practise Medical Rehabilitation Therapy.
- (c) Prescribed fees in Bank Draft payable to the Board.
- (d) Letter of resignation from previous employment (if applicable).
- (e) Letter of appointment as a Medical Rehabilitation Therapist-in-charge of the new centres.
- (f) Certificate of Incorporation of Company/Hospital.
- (g) Letter of undertaking by the Managing Director/Medical Director of the Company/Hospital to the effect that all Medical Rehabilitation business shall be under the direct management of the medical Rehabilitation Therapist-in-Charge.
- (h) NYSC Discharge/Exemption Certificate.
- (i) form showing names and particulars of Directors.

17.—(i) Every clinical setting/centre/hospital shall cause its Medical Rehabilitation Unit to be Registered with the Medical Rehabilitation Therapists Board of Nigeria with these Regulations :

Registration
of Hospital
Medical
Rehabilitation
Therapy
Units.

(ii) the fees payable for registration of Hospital Medical Rehabilitation Therapy Units shall be as prescribed by the Board.

(iii) all existing Hospitals Medical Rehabilitation Therapy Units in Nigeria not registered with the Board before the coming into force of these Regulations shall be inspected and registered within six (6) months from the commencement of these Regulations.

(iv) all hospitals shall employ and maintain a minimum number of registered Medical Rehabilitation Therapists as prescribed by the Board to handle the Medical Rehabilitation needs of the hospital.

1. It shall be an offence for any registered Medical Rehabilitation Therapist to hold more than one full time job at the same time.

General
Provisions.

2. The fees payable in respect of the registration of any Medical Rehabilitation Therapy/Premises/Unit shall be as prescribed by the Board from time to time.

3. In the absence of the Head of Department, there shall be at least two (2) qualified and registered Medical Rehabilitation Therapists to take charge of the unit.

18. Any training Institution that fails to register with the Board in accordance with these Regulations or having registered, is found to be operating below set standards, shall have its accreditation withdrawn by the Board.

Withdrawal
of Accredita-
tion.

19. Any Institution that remains unregistered by the 31st day of January of every year shall in addition to paying the fee(s) prescribed, pay a fine equivalent to fifty percent (50 percent) of the applicable fee(s).

Fine for non-
renewal.

20. Anybody who operates Medical Rehabilitation Centres without registration with the Board commits an offence and on conviction shall be liable to a fine of Fifty Thousand Naira (₦50,000.00) or to imprisonment for term of one (1) year or to both such fine and imprisonment.

Offences and
Penalties.

21. Inspection of any Medical Rehabilitation Unit for purposes of Registration shall attract a fee of Twenty Thousand Naira (₦20,000.00) only, excluding cost of transportation, accommodation and per-diem of each member of the Accreditation Team.

Fees for
Inspection
and accredi-
tation.

22. In these regulations, unless the context otherwise requires :

Interpretation.

"Act" means Medical Rehabilitation Therapists (Registration, e.t.c.) Act M9 LFN 2004.

"Board" means the Board set-up in respect of the professions of Physiotherapy, Occupational Therapy, Speech Therapy and Clinical Audiology.

"Minister" means the Minister charged with the responsibility for health.

"Registrar" means the Registrar of the Board appointed under section 6 of this Act.

"Medical Rehabilitation Therapist" practitioner of Physiotherapy or Occupational Therapy or Speech Therapy and or Clinical Audiology.

"Medical Rehabilitation Therapy" is a process of restoring a person's ability to live and work as normally as possible after a disabling injury or illness.

"Regulations" Include the Registration 2006 and the Registration of Medical Rehabilitation Training Institutions/Clinics/Premises Regulations 2006.

Citation.

These Regulations may be cited as the Registration of Medical Rehabilitation Therapist (Registration of Medical Rehabilitation Therapist Training Institutions/ Clinics Premises Regulations 2006).

MADE AT LAGOS THIS.....DAY OF.....2006.

PROFESSOR G. I. ODIA

*Chairman, Medical Rehabilitation Therapists
(Registration) Board of Nigeria.*

EXPLANATORY NOTE

(This note does not form part of the above Regulations but it is intended to explain its purport).

These Regulations provide for the registration of Medical Rehabilitation Therapy Training Institutions for matters connected thereto.

**MEDICAL REHABILITATION THERAPISTS (REGISTRATION, E.T.C.)
ACT (M9 LFN 2004)**

**MEDICAL REHABILITATION THERAPISTS
(INSPECTION AND MONITORING)**

REGULATIONS, 2006

In exercise of the powers conferred on the Medical Rehabilitation Therapists (Registration) Board of Nigeria (hereinafter referred to as the Board) by Sections 11, 16, 17, 18, 20, 22, 24 of the Medical (Rehabilitation, e.t.c.) Act M9 LFN 2004 and all other powers enabling the Board in that behalf, the Board with the approval of the Honourable of the Honourable Minister of Health hereby makes the following Regulations :

1. The Board shall appoint such numbers of registered Medical Rehabilitation Therapists designated as Commissioned Monitoring/Surveillance Agents for the purposes of inspecting, monitoring and ensuring full compliance with the provisions of the Act and the Regulations made thereunder.

Appointment
of Medical
Rehabilitation
Therapy
Commissioned
Monitoring/
Surveillance
Agents.

2. The Commissioned Monitoring/Surveillance Agents shall have the powers in the course of carrying out their duties, at all reasonable time on the production of their identity cards if so required, to :

Powers of
Commissioned
Monitoring/
Surveillance
Agents.

(a) enter any Institutions or Premises which they believe carry on a training in Medical Rehabilitation Therapy or conduct any business in the field of Medical Rehabilitation Therapy.

(b) examine equipment which they reasonably believe is used for the purpose of treating patients.

(c) report any act of quackery and illegal practice to the Board.

(d) collect any fees prescribed by the Board for renewal of licences ; such funds must be remitted into the account of the Board within 24 hours.

(e) liaise between the Board and the Public.

(f) examine any books, documents or other records found in the hospitals/clinics/institutions relating to patient treatment and which they reasonably believe may contain information relevant to the enforcement of these regulations and make copies thereof.

3. The authorities, owners or person(s) in-charge of an Institution/hospital/clinic and person(s) found thereon, shall give all reasonable assistance to Commissioned Surveillance/Monitoring Agents, including making available to the Agents all such information as they may require for the purpose of carrying out these Regulations.

Institution/
Premises to
assist
Commissioned
Monitoring/
Surveillance
Agents.

4.—(a) The Commissioned Monitoring/Surveillance Agents, on entering a clinic/hospital shall demand for the following :

- (b) names of the Clinicians.
- (c) qualifications of the Clinicians.
- (d) current practising licences of the Clinicians.
- (e) accreditation certificate of the clinic/hospital.
- (f) name of the Head of Department/Medical Rehabilitation Therapist in-charge of the clinic/hospital and his address.

5. The Commissioned Monitoring/Surveillance Agents on entering an Institution shall demand for the following :

- (i) names of the Lecturers.
- (ii) qualifications of the Lecturers.
- (iii) instructional materials, documents or manuals relating to the course of studies.
- (iv) current practising licences of the Lecturers.
- (v) names of the Principal Officers of the Institution and their addresses.
- (vi) accreditation certificate of the Institution.

6. The Commissioned Agents shall on entering an institution/clinic/hospital ascertain the following :

- (i) nature of course of studies.
- (ii) adequacy of courses.
- (iii) adequacy of facilities.
- (iv) adequacy of Instructional Materials.
- (v) number of Clinicians.
- (vi) number of Lecturers.
- (vii) standard of the library.
- (viii) patient load.
- (ix) whether course of studies meet with standards set by the Board ; and
- (x) names of the Medical Rehabilitation Therapists in-charge and any other support staff.
- (xi) qualifications of the Medical Rehabilitation Therapists in-charge and any other support personnel.
- (xii) current practising licences of the Medical Rehabilitation Therapists in-charge and any other support staff.
- (xiii) owners of the clinic/hospital/institution.
- (xiv) addresses of the owners of the clinic/hospital/institution.
- (xv) registration Certificate of the clinic/hospital/institution.
- (xvi) list of all Medical Rehabilitation Therapy equipment in the clinic/hospital/institution.

- (xviii) type and make of the equipment.
- (xiv) power rating of the equipment (output).
- (xv) working condition of the equipment.
- (xvi) suitability of the location of the clinic/hospital/institution premises.
- (xvii) adequacy of room sizes.
- (xviii) general safety level of the patients and Therapists.
- (xix) level of compliance with the requirements of the Professional Code of Conduct, Act and the Regulations made thereunder.

7. The Monitoring Agents shall have power to recommend to the Board the closure of any unregistered clinics/hospitals/institutions, suspension of any Medical Rehabilitation Therapy business in any registered clinic where set standards are being compromised (seize and detain any equipment by means of which he reasonably believes any provision of the Act and Regulations made thereto have been contravened pending the final decision of the Board.

Power to
order closure.

8. A report of every Inspection or monitoring exercise shall be submitted to the Board through the Registrar detailing the findings and recommendations and any other measures that may be taken to ensure full compliance with the Act and Regulations.

Report of
Inspection.

9. The Monitoring Agents shall be assisted, in the discharge of their duties, by the police and other law enforcement agents, members of local branches of the Association of Physiotherapists, Occupational Therapists, Speech Therapists and Audiologists.

Assisted by
the
Police and
other
Medical
Rehabilita-
tion
Therapists

10.—(i) The Registrar, on behalf of the Board, having considered the report of the Surveillance Agents shall take the following decisions :

Registrar to
make
decision on
behalf of the
Board.

- (a) withdraw the accreditation of the clinic/hospital/institution.
- (b) order the closure of the clinic/hospital/institution by the Police.
- (c) in writing order the owner(s) of the clinic to relocate, improve on the premises, structure or provide certain equipment.
- (d) request the Police to arrest any offender, seize and detain any equipment so as to prevent any further illegal use of the equipment.
- (e) cause investigations to be conducted to ascertain persons involved in offences under the Act or Regulations.
- (f) ensure the prosecution of any offender in a competent court of law.

(ii) Any action or decision taken by the Registrar on behalf of the Board in furtherance of Regulation 9 (i) above shall be submitted to the Board for approval at the earliest possible time.

11.—(i) On the conviction of a person for an offence under these Regulations, the Court may order that the clinic be closed down or the equipment by which an offence was committed be forfeited to the Board.

Forfeiture.

Board to
approve
decision.

Certificate of
Compliance.

Offences and
Penalties.

Interpretation.

(ii) The Board may or through the Registrar cause the article to be destroyed or otherwise disposed of.

12.—(i) The Board shall, on the completion of an Inspection if it appears that the clinic/hospital/institution inspected or monitored complies with the requirements of the Act and Regulations, direct the Registrar to issue a Certificate of Compliance at the date of inspection to the clinic/hospital/institution.

(ii) This Certificate of Compliance shall be valid for the year of inspection but may be withdrawn by the Board at any time, if the Board discovers that there has been a violation of any provision of the Act or Regulations.

13.—Any person who :

(a) obstructs or resists a Commissioned Agent or such other designated Officers in the execution of their duties under these Regulations.

(b) makes a statement which he knows or has reasonable cause to believe to be false or misleading to a Commissioned Agent or such other designated officers in the course of his or their duties.

(c) without the authority of a Commissioned Agent or any other designated officers removes, alters or interferes in any way with an item or equipment seized under these Regulations ; and

(d) contravenes any of the provisions of these Regulations, commits an offence and shall on conviction be liable to a fine of fifty thousand naira (₦50,000.00) or imprisonment for a term of six (6) months or to both such fine and imprisonment.

14. In these Regulations, unless the context otherwise requires :

"Act" means Medical Rehabilitation Thereapists (Registration. e.t.c.) Act M9 LFN 2004.

"Board" means the Board set up in respect of the professions of Physiotherapy, Occupational Therapy, Speech Therapy and Clinical Audiology.

"Commissioned Surveillance/Monitoring Agent" means a Medical Rehabilitation Therapist duly registered and appointed by the Board under Regulation 1 of these Regulations.

"Minister" means the Minister charged with the responsibility for health.

"Registrar" means the Registrar of the Board appointed under Section 6 of this Act.

"Regulations" Include the Registration of Medical Rehabilitation Therapists Registrations 2006 and the Registration of Medical Rahabilitation Training Institutions/Clinics/Premises Regulations 2006.

1 i. These Regulations may be cited as the Medical Rehabilitation Therapists (Inspection and Monitoring) Regulations, 2006. Citation.

MADE AT LAGOS THIS DAY OF 2006.

PROFESSOR G. I. ODIA
*Chairman, Medical Rehabilitation Therapists
(Registration) Board of Nigeria.*

EXPLANATORY NOTE

(This does not form part of the above Regulations but is intended to explain its purport).

These Regulations provide for the Inspection and Monitoring of Medical Rehabilitation Therapy Institutions/Clinics/Hospitals and Premises to ensure that set standards are maintained.

